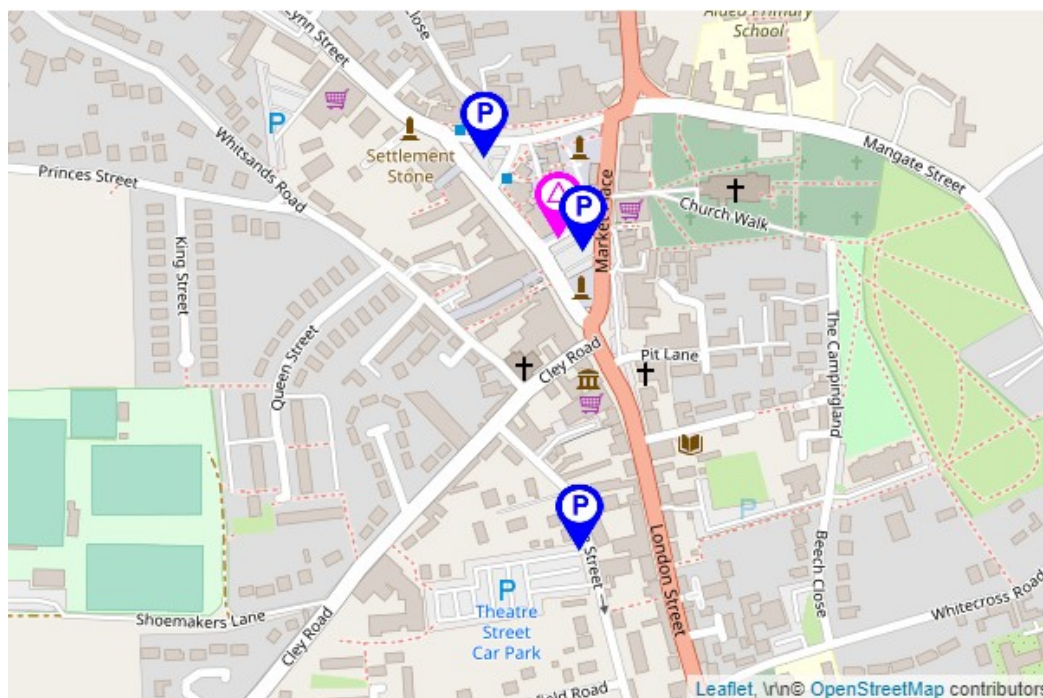


NOR Maprun Fun League Swaffham



Parking:

Town Centre

- Mon - Fri: Free for 2 hours (need to get a ticket)
- Sat: Market Day, so closed or very busy
- Sunday: Free (no time limit)

Theatre Street

- Mon - Sun: Free (no time limit)

Start:

Outside Assembly Rooms at the bottom of the steps

Nearest Post Code:

PE37 7AB

Course:

Type:

Score (60 minutes)

Distance:

~13 km to get all 28 controls

Planner:

Jonathan Gilbert

Start Date (for Fun League):

Sunday, 29th November 2020

End Date (for Fun League):

Saturday, 12th December 2020

Location on Maprun:

UK → Norfolk → NOR OC Fun League → Swaffham

Notes:

The A1065 runs north-south through the centre of the map. You will probably have to cross it multiple times. Take care when crossing.

To access the old railway lines, you will have to negotiate a number of steep slopes. Where there is a single path up / down, this is shown on the map as **Steep Slope**. Where there is a bridge over / under the old railway line, the best (in my opinion) route up / down is also shown using a red square □. These indications are only available on the paper map.

Where a control is at a bridge over the old railway line, it has been verified that it will register at both levels.

If you plan to use the paths or the steep slopes, then it is recommended that you wear off-road shoes and full leg cover (nettles in places).

Post Run Drinks:

Obviously not available during lockdown.

[Red Lion](#), [Greyhound](#), [White Hart](#) + Others

[Market Cross](#), [Swaffham Cafe](#), [The Tea Pot](#) + Others