

# NORFOLK ORIENTEERING CLUB ~ COLOUR CODED EVENT ~ NT BLICKLING ~ 12<sup>th</sup> Nov. 2017

**Directions & Parking:** Travelling from Norwich take A140 Cromer Road. Approach the Aylsham bypass roundabout and take the second exit for Aylsham Town Centre, follow National Trust (brown signs) for the B1354 then locate O signs for parking. Map Ref TG 175 285; Post Code NR11 6NF

**Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.**

PLEASE complete the registration form (issued on entry) in **BLOCK CAPITALS** with your details and course you wish to enter BEFORE going to register at MAP SALES (**Families & Groups please enter all names on the yellow form**)

**If you are new to orienteering or need assistance, please enquire at Registration.**

Registration: 10.00 – 12.00

Starts 10.15 – 12.15

Courses Close 14.15 - Report to Download by 14.30

Today's event is using Electronic Punching with **PRE DRAWN MAPS** printed on water proof paper

**Course details and fees.** [\[Today's event incorporate the annual NOR Club Championships\]](#)

Course	Technical difficulty	Length (km)	Climb (m)	Controls	Map Scale	Club Championship Classes
White	Very easy	1.2	15m	9	1: 7,500	Not used
Yellow	Easy	2.3	20m	11	1: 7,500	Not used
Orange	Medium	3.4	30m	12	1: 10,000	M12, W12
Light Green	Medium	4.5	40m	12	1: 10,000	M14, W14,W16
Short Green	Hard	4.4	50m	13	1: 10,000	M75+, W65+
Green	Hard	5.2	50m	17	1: 10,000	M16,M65-70, W18-20, W45-60
Blue	Hard	6.6	760m	19	1: 10,000	M18,M45-60,W21-40
Brown	Hard	9.8	95m	27	1: 10,000	M20 - 40

Seniors & Groups £9.00 (BOF member Senior discount £2.00)

Juniors & Students £3.00 (under 21 & students with cards); Extra map £1.00

Note: BOF insurance, only cover Independent competitors for three events only.

**E-card (Dibber) Hire; 50p – Note; we will charge you £30.00 for each one not returned**

**Control Descriptions:** Will be issued at the event registration. Also all courses have descriptions printed on the front of the map. White & Yellow course maps have text descriptions on map only and all other courses use standard orienteering pictorial descriptions.

**Note:** Special IOF description used; X Large distinct dead tree

## Terrain & Safety information:

Blickling Park is undulating grass parkland, with scattered mature oak trees and random large distinct dead stag oaks, creating quick decision, fast running sprint like courses. Longer courses visit Great Wood, a mature wooded hillside, with remnants of past quarrying activity creating large scattered depressions and intricate contour features.

**The parkland perimeter has uncrossable stock proof fencing with compulsory marked gated crossing points. These are clearly shown on the map and must be used by all competitors where courses cross fencing overprinted with the standard uncrossable purple line.**

You are advised to have full leg cover and carry a **whistle**.

**First Aid:** A first aid bag is available at Registration.

**Facilities:** Toilets are located in the main car park also the NT Café is open 11.00am – 4.00pm.

**Dogs:** Although you may encounter dogs on your course, please keep your own on a lead - Livestock on Pasture fields.

**NOR Club Championships:** To be eligible for these awards, you must run the appropriate course as above course details.

There are trophies available for age-group winners, as well as the Barry Chilvers Cup & Carol Towler Salver for overall best senior male and senior female (as worked out by age-handicaps). The presentation will take place as possible after 1.00pm.

**COMPETITORS MUST GO TO THE DOWNLOAD TENT EVEN IF RETIRING re safety check**

**Organiser:** Les Jarrald

**Planner:** Stephen Searle

**Controller:** Alan Bedder

**Results:** - See NOR website at [www.norfolkoc.co.uk](http://www.norfolkoc.co.uk). Results will be processed as soon as possible and published early evening.

**NEXT NOR EVENT:** Lynford near Munford. Map Ref. TL860940, Post Code IP26 5HW. Colour Coded & East Anglian League final event. Pre-Entry can be made via [www.Fabian4](http://www.Fabian4) on line entry service. **For further details on events see the details on the NOR website [www.norfolkoc.co.uk](http://www.norfolkoc.co.uk)**

**Photography:** Many people like to take photos at sporting events and we're hoping that some of the pictures taken will be shared with us for our website or Facebook pages. We don't 'tag' or give contact details on Facebook, and hope that anyone else sharing photos on social media will also take care, particularly when young people are involved. If competitors or parents/guardians would prefer that photographs of individuals are not displayed please notify the event officials. (British Orienteering guidelines, July 21st 2016)

The personal data you give will be used by the event organisers and agents only for the purpose of processing/ publishing the event entries and results. Conducting safety checks and to validate BOF insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.