

NORFOLK ORIENTEERING CLUB ~ HOLT HALL _ Summer series event – Sunday 18th June

Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.

PLEASE complete the registration form (issued on entry) in **BLOCK CAPITALS** with your details and course you wish to enter BEFORE going to register at MAP SALES (**Families & Groups please enter all names on back of form**)

If you are new to orienteering or need assistance, please enquire at Registration.

Today's event is using Electronic Punching

Directions & Parking: Travelling from Norwich take A140 for Cromer, pass airport, take B1147 for Holt. From Holt town centre take the Old Cromer Road and locate the Kelling Road left turn, entrance to Holt Hall in 1 mile.
Post Code NR25 6RT. Grid Reference TG 084 396

Course details and fees

Course	Length (km)	Controls	Map Scale
Orange	2.7km	17	1: 7,500
Score	1 hour	30	1: 7,500

The score event consists of 2 maps, score 1 and score 2, each having 11 controls marked on them, these controls can be done in any order. There are a further 4 mini master maps , 2 on score 1 and 2 on score 2 which have an additional 2 controls marked. These mini master maps will be found hanging at mystery locations. You can choose to do these or not (you may want a pen to take round with you so you can mark them on your map). You can do just one map or come back and exchange to the other part at any point within your hour but once changed you can NOT go back to collecting controls from original map. In total there are 30 controls to find within the hour. 1 control will be deducted for each minute or part minute taken over the hour, so don't be late back.

Juniors & Junior Pairs	£2.00	(under 21 and students with cards)
Seniors & Groups	£5.00	
BOF member Senior discount	£1.00	

Note: BOF insurance only covers Independent competitors for three events only.

E-card (Dibber) Hire; 50p – Note; we will charge you £30.00 for each one not returned

Control Descriptions: -Orange course map descriptions will be issued at the event registration. Score course will have descriptions printed on the back of the map.

Terrain: Holt Hall is set in 30 hectares (75 acres) of ancient woodland, lawns, lakes and gardens close to the North Norfolk coast. ,

Full leg cover essential on ALL COURSES due to the growth of patches of vicious stinging nettles!

There are numerous hides and paths that are not marked on map. Please be aware of deep water lakes.

Please make sure that you DO NOT CLIMB OVER ANY BRICK WALLS or run through any of the camping areas.

Other INFO:

Facilities: Toilets are available on the campsite field.

NO Dogs

COMPETITORS MUST GO TO THE DOWNLOAD TENT EVEN IF RETIRING re safety check

Organiser: Karen Goldsworthy

Planner: Paul Goldsworthy

Results: - See NOR website at www.norfolkoc.co.uk. Results will be processed as soon as possible and published early evening.

NEXT NOR EVENT: Wymondham College and AGM - Sunday 25th June 2017. Orange and Score event, Starts 10.45 – 11.15 for Orange and 11am mass start for Score (Courses close at 12.15)

For further details on these events see the details on the NOR website www.norfolkoc.co.uk

The personal data you give will be used by the event organisers and agents only for the purpose of processing/ publishing the event entries and results. Conducting safety checks and to validate BOF insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

Photography: Many people like to take photos at sporting events and we're hoping that some of the pictures taken will be shared with us for our website or Facebook pages. We don't 'tag' or give contact details on Facebook, and hope that anyone else sharing photos on social media will also take care, particularly when young people are involved. If competitors or parents/guardians would prefer that photographs of individuals are not displayed please notify the event officials. (British Orienteering guidelines, July 21st 2016)