



NOR – Sandringham Country Park

East Anglian League - Colour Coded Courses

Sunday 2nd December 2018

Level 'C' Event

Directions: Sandringham Country Park (GR; TF690290 ~ Post code; PE35 6ET)

The event will be O signed on the A148 west of Hillington, to turn north at the junction of the A148/B1440 signed Sandringham Country Park.

After 2½ mile turn left at the junction (Norwich Gates) to the visitor centre follow signs for parking & assembly.

Entries:

Preferred method of entry online at www.fabian4.co.uk

Seniors BOF members £7.00 Juniors / Students £3.00

Seniors non members £9.00

Discount for early entries on fabian4 until Tuesday 27th November.

Entry on the Day - Fees

Seniors BOF members £ 9.00 Juniors / Students £3.00

Seniors non members £11.00

SI electronic punching will be used - SI Card (dibbers) will be available to hire for: 50p

Groups

Family groups sharing one map are charged at the single adult rate.

If you are bring a school party, or other group i.e. Guides; Cadets, please inform the Organiser via Fixtures@Norfolkoc.co.uk, before 27th November using the [Group Entry Form](#) this will avoid delays at Registration and ensure we have enough maps.

Courses	Age Class	Length	Climb	Difficulty
White		1.5	20	very easy
Yellow	M10/W10	2.1	30	easy
Orange	M12/W12	3.0	50	moderate
Light Green	M14/W14	3.3	55	hard
Short Green	M75 W65+	3.4	35	harder
Green	M65-70; W16-20; W45-60	4.8	85	harder
Blue	M16-20 M45- 60; W21-40	6.8	115	harder
Brown	M21-40	8.6	125	harder

If you are taking part in the East Anglian League you are recommended to enter the course corresponding to your age class as above. . (Course lengths & climb are provisional)

Registration 10.00 – 12.00

Start Times 10.15 – 12.15

Courses Close 14.15

Information & Enquiries

Beginners are welcome at the event and help is available to get you started.

Dogs are welcome but please keep on a lead.

Toilets, Restaurant & Cafe located at the Visitor Centre.

Enquiries to: Fixtures@Norfolkoc.co.uk

Officials

Planner: Jonathan Gilbert; *Controller;* Stephen Searle; *Organiser:* Alan Bedder (NOR)

Please note that Orienteering is an adventure sport.

All competitors take part at their own risk.