

NORFOLK ORIENTEERING CLUB – Felbrigg – Sunday 23rd October 2022

Norfolk Orienteering will be pleased to welcome you to their next event.

Please remember that orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.

PLEASE pre-enter using SI Entries before 11pm Tuesday 18th October, if at all possible. Limited entry on the day will be available. If you are entering the Club Championships, please check the appropriate course here - <https://www.norfolkoc.co.uk/club-competitions>

Directions: Felbrigg Hall (NR11 8PR) is situated 2.5 miles south of Cromer on the B1436 The area is owned by the National Trust and is well marked using brown tourist signs.

What Three Words - slugs.heightens.mirroring

Grid Reference - TG 194393

Course details - All courses use Sport Ident electronic punching. SI Cards will be available to hire.

Course	Tech Difficulty	Length (km)	Climb (m)	Controls	Scale
Brown	Very Hard	8.2	180	19	1:10000
Blue	Very Hard	6.8	145	16	1:10000
Green	Very Hard	4.1	75	13	1:10000
Short Green	Very Hard	3.1	75	11	1:10000
Light Green	Hard	4.1	90	11	1:10000
Orange	Medium	3.0	65	11	1:10000
Yellow	Easy	2.5	55	14	1:7500
White	Very Easy	1.4	35	11	1:7500

Map: Scale 1:10000; Contour interval 5m.

White and Yellow use a 1:7500 scale map.

Note :Brown course has a split map back to back.

Control Descriptions: Will be issued at the event registration. Also, all courses have descriptions printed on the front of the map. Yellow and white course maps have text descriptions, Orange has both written and pictorial, and all other courses use standard orienteering pictorial descriptions.

Fees:

Juniors & Junior Pairs £3.00 (under 21 and students with cards)

BOF Member Seniors & Groups £8.00

Non BOF member and groups £10.00

E-card (Dibber) Hire £1– Note; we will charge you £30.00 for each one not returned to Registration.

Non-standard symbols:



Distinctive dead tree



Fences that must only be crossed at mandatory crossing point



Area for hide building

Parking: Please park at the eastern end of the main car park near the walled garden. Parking will be charged at £2 per car and will be collected as you enter the car park. You will be given a pass to display in your windscreen.

Registration: 10.00 -12.00

Starts: From 10.15 to 12.15

Points to note:

- WHISTLES ARE MANDATORY for ALL competitors.
- In the event of severe bad weather, CAGOULES WILL BE MANDATORY.
- Registration is adjacent to the car park. The start is approximately 600m from registration. Download is beside registration and is 50m from the finish.
- There are toilets available nearby.
- Dogs on a lead please!
- COMPETITORS MUST GO TO THE DOWNLOAD TENT EVEN IF RETIRING

Terrain:

This is a popular National Trust area, not used for orienteering since 2018. The map has been significantly updated for this event.

All courses will use predominantly the wooded area to the north of Felbrigg Hall, although the longer courses will also visit the pastureland to the south. The northwest part of the wooded area includes a series of pronounced spurs and re-entrants. The rest of the area has less contour detail and consists of mixed woodland of variable runnability. Forestry work and heavy bracken growth in the northwest part have made runnability in some areas slow; however there is a good network of tracks and paths. Forestry extraction lanes have not been mapped. Most courses (Orange and above) will run through fenced enclosures which are marked on the map as 'uncrossable'. Only crossing points marked on the map should be used.

Safety Information:

A risk assessment has been carried out by the organiser. Please note the following points when entering the event, and please refer also to the final details when published for any additional safety information.

- Participants take part at their own risk and are responsible for their own safety during the event. By entering the event you are accepting this condition.
- Parents/guardians should explain all safety aspects to all children and vulnerable persons in their care and if you are in any doubt about their ability to stay safe only allow them to participate accompanied by a suitable carer.
- Please also make sure you and your party have read and are aware of the items outlined in the 'terrain and hazards' section above.

Results: - See NOR website at www.norfolkoc.co.uk. Results will be processed as soon as possible and published early evening.

Organiser: Ben Bethell
Planner: Peter Carlill
Controller: Paul Beckett

NEXT NOR EVENT: Sunday 11th December 2022 - Kelling Heath

For further details on these events see the details on the NOR website www.norfolkoc.co.uk

The personal data you give will be used by the event organisers and agents only for the purpose of processing/publishing the event entries and results. Conducting safety checks and to validate BOF insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

Please see our Privacy Policy here - <https://www.norfolkoc.co.uk/wp-content/uploads/2018/05/Privacy-Policy.pdf>