



## **Regional (Level C) Event at Sandringham Royal Park, West Norfolk on Sunday 20<sup>th</sup> March 2022**

**Directions:** Follow brown tourist signs for Sandringham from A149 and A148 west of Hillington, to turn north at the junction of the A148/B1440 signed Sandringham .

After 2½ mile turn left at the junction (Norwich Gates) O signs towards the visitor centre then for parking & assembly.

**Parking:** Map Ref TF688 287; Post Code PE35 6ET; West Car Park open 08.00 – 16.30

*You will enter via a barrier and your registration number will be captured.*

*There is a charge for the parking, but this has been absorbed in your entry fee.*

*To exit the car park, you will be issued a code number and with your vehicle registration number – locate the payment machine and enter code and registration – to exit in less than 20 minutes.*

*The code number will be issued on your download results slip!*

**Terrain:** The area is mixed woodland with variable runnability, the north/west part the map an escarpment with areas of good contour detail. Some of last year's bracken is still standing and there is an absence of brambles. Rhododendrons have been cleared in numerous areas plus there are locations of ongoing forestry work, also there are some timber stacks (**DO NOT CLIMB**). In the northern corner of the map there is common of open heath with a network of ditches plus areas of marsh.

**Map:** The whole area has been updated to February 2022. Scale 1:10,000 Contour interval 5m. The Courses with descriptions will be printed on never-tear waterproof paper.

### *Courses subject to final controlling*

| <b>Courses</b> | Distance | Climb | Controls | Map Scale |
|----------------|----------|-------|----------|-----------|
| White          | 1.4km    | 10m   | 9        | 1:7500    |
| Yellow         | 2.6km    | 10m   | 13       | 1:7500    |
| Orange         | 3.3km    | 30m   | 13       | 1:10,000  |
| Light Green    | 3.5km    | 50m   | 11       | 1:10,000  |
| Short Green    | 3.5km    | 40m   | 10       | 1:10,000  |
| Green          | 4.4km    | 55m   | 12       | 1:10,000  |
| Blue           | 6.7km    | 90m   | 17       | 1:10,000  |
| Brown          | 8.2km    | 110m  | 24       | 1:10,000  |

Blue & Brown Courses cross minor roads (Not Manned) runners Xing signs will be installed. M&W16 and under, are Not allowed on the Blue and Brown courses.

Loose description available. Text descriptions for White and Yellow Courses

Extra map symbols & descriptions plus out of bounds areas will be displayed on blank maps at the Start location.

**Fees:** BOF Seniors ~ £9.00 & Family Unit or Groups ~ £10.00

All Juniors & Students ~ £5.00

Independent Seniors or Groups incur a £2.00 supplement.

**Registration & Enquiries:** 10.00 -12.15 Map sales - E-card hire - Loose Descriptions.

**Entries:** On the day at Registration (Red Shelter)

You can download a NOR Registration Form, bring it along with your fee (cash or cheque) in an envelope labelled with names & course - to event day.

Alternatively return form to [NORfixtures@norfolkoc.co.uk](mailto:NORfixtures@norfolkoc.co.uk) – envelope fee etc on event day

Loose descriptions can be collected at Enquires – your passport to a map

NOR events use Sportident electronic punching, **SIAC will NOT be enabled at this event!**

E-card Hire £1.00 if lost it will cost you £30

**Starts:** From 10.15 to 12.15; Located 300m from car park; 400m from Registration shelter.

**Finish:** Located 100m from **Download & Registration. Courses close 14.15**

There will be no drinks at the Finish. Please bring your own

**Facilities:** Visitor Centre – Shop, Restaurant, Takeaway Café & Courtyard Toilets (09.00 -16.30)

**Dogs:** Dogs welcome, but please keep on lead; other dog walkers use the Park.

**Officials:** Controller: Sarah Mansell (SUFFOC); Planner: Julia Paul

Organiser: Pat Bedder + Alan Bedder [NORfixtures@norfolkoc.co.uk](mailto:NORfixtures@norfolkoc.co.uk)

The personal data you give will be used by the event organisers and their agents only for the purpose of processing/ publishing the event entries and results, conducting safety checks and to validate British Orienteering insurance cover.

Submission of an entry for the event will indicate your acceptance of this procedure.

[Orienteering is an adventure sport.](#)

[All competitors take part at their own risk and are responsible for their own safety.](#)