

NORFOLK ORIENTEERING CLUB – Bylaugh Wood and Bawdeswell Heath

Sunday 11th February 2024

Norfolk Orienteering will be pleased to welcome you to their next event. Please remember that orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.

To secure your place, pre-enter using SI Entries before midnight on Monday 5th February 2024 as only limited entry on the day will be available.

Directions: From Norwich head NW on the A1067 toward Fakenham. Continue for approximately 13 miles until you reach Bawdeswell. Take the left-hand turn (South) into Elsing Lane and continue for 1.5 miles to the 'T' junction. Turn right and head West along the lane for 1 mile until you reach the entrance to Bylaugh Park. The event parking and registration area is located at the top of the driveway next to the hall.

Post Code: NR20 4RL

What3words: defectors.protest.guards

TG 03467 18435

Terrain: Bylaugh Wood and Bawdeswell Heath are separated by the B1147 Road that runs East/ West between them. Each has distinctive characteristics as detailed below.

Bylaugh Wood is approximately 68 hectares in area and is situated to the North of Bylaugh Hall. Access/ egress to the start and finish points is made using a single designated path (250m) that crosses open farmland. Competitors must use this path ONLY. The track to the West is marked 'out of bounds' and must not be used. The wood is very runnable - largely open and flat, but some vegetation persists. Large areas of Rhododendrons are located through the central region of the wood and a path network covers most of the area. The North side of the wood adjacent to the B1147 becomes more contoured as it descends toward the road. The SE corner of the wood area that is in proximity to private dwellings has a large depression area. While not marked as 'out of bounds' competitors should avoid this area and no controls are located there.

Bawdeswell Heath is smaller in area – 19 hectares approx., more contoured, and features an extensive path network and many small knolls, depressions and pits. There is a stream running parallel to the B1147 - East/ West and, dependent upon previous rainfall, seasonal marsh.

The area was remapped in Spring 2023 by Peel Land Surveys.

Course details - All courses use Sport Ident electronic punching. SI Cards will be available to hire.

Course	Tech Diff	Length	Climb	Controls
Blue	Very Hard	6.8m	90 meters	26
Green	Very Hard	4.7km	90 meters	21
Short Green	Very Hard	3.0km	70 meters	15
Light Green	Hard	3.8km	55 meters	18
Orange	Medium	2.4km	20 meters	10
Yellow	Easy	1.8km	10 meters	10
White	Very Easy	1.4km	5 meters	12

Map (ALL courses): Scale 1:7500; Contour interval 5m

Control Descriptions: Issued at the event registration. Additionally, all courses have descriptions printed on the front of the map. Yellow and white course maps have text descriptions, and all other courses use standard orienteering pictorial descriptions.

Fees:

Juniors & Junior Pairs £4.00 (under 21 and students with cards)
BOF Member Seniors & Groups £8.00
Non BOF members and groups £10.00

E-card (Dibber) Hire £1– Note: a charge of £30.00 for each dibber not returned to Registration will be levied.

Parking:

Parking is on grass and paved areas around Bylaugh Hall - please follow instructions from parking marshals. A speed limit of 5 mph is observed on the grounds of the hall and care must be taken when manoeuvring vehicles in this area and when exiting onto the narrow lane when leaving the event.

Toilets: Available at the event venue

Refreshments: No refreshments will be available on-site. The nearest location for tea/ coffee/ cakes etc. is at Bawdeswell Garden Centre, Norwich Rd, Bawdeswell, Dereham NR20 4RZ.

Registration: - 10am to 12noon

Start Times - 10.15 am to 12.15pm

Courses Close at 2.00pm

Points to note:

- Registration is adjacent to the car park.
- WHISTLES ARE MANDATORY for ALL competitors.
- In the event of severe bad weather, CAGOULES. WEATHERPROOF JACKETS WILL BE MANDATORY.
- Dogs are welcome but must be controlled and, on a lead please!
- A timed-out road crossing (1 min) over the B1147 must be used to cross between the wood and the heath area to the North.
- Competitors MUST return to the download tent by time of course closure at 2 pm (1400 hrs).
- ALL COMPETITORS MUST GO TO THE DOWNLOAD TENT EVEN IF RETIRING

Safety Information: A risk assessment has been carried out by the organiser. Please note the following points when entering the event, and please refer also to the final details when published for any additional safety information.

- Participants take part at their own risk and are responsible for their own safety during the event. By entering the event you are accepting this condition.
- Parents/guardians should explain all safety aspects to all children and vulnerable persons in their care and if you are in any doubt about their ability to stay safe only allow them to participate accompanied by a suitable carer.
- Please also make sure you and your party have read and are aware of the items outlined in the 'terrain' section.

Results: - See NOR website at www.norfolkoc.co.uk. Results will be processed as soon as possible and published early evening.

Organiser: Neil Stockham Planner: Steve Nobbs Controller:

NEXT NOR/ NATIONAL EVENT: Sunday 9th March 2024 - Sandringham – Midland Championships

For further details on these events see the details on the NOR website www.norfolkoc.co.uk

The personal data you give will be used by the event organisers and agents only for the purpose of processing/ publishing the event entries and results, conducting safety checks, and to validate BOF insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

Please see our Privacy Policy here - <https://www.norfolkoc.co.uk/wp-content/uploads/2018/05/Privacy-Policy>