

NORFOLK ORIENTEERING CLUB – Felbrigg Night Event

Saturday 13th January 2024

Norfolk Orienteering will be pleased to welcome you to their next event.

Please remember that orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.

PLEASE pre-enter using SI Entries before 11pm Tuesday 9th January, if at all possible. Limited entry on the day will be available.

Directions: Felbrigg Hall (NR11 8PR) is situated 2.5 miles south of Cromer on the B1436 The area is owned by the National Trust and is well marked using brown tourist signs.

What Three Words - slugs.heightens.mirroring

Grid Reference - TG 194393

Course details - All courses use Sport Ident electronic punching. SI Cards will be available to hire.

Pairs are permitted - it's a good way to start orienteering particularly at night. Enter as the junior for a junior/adult pair. Please add the names of the accompanying runner in the 'Additional names and ages box'.

Juniors aged 16 and above on the day of the event may compete on their own. Juniors under 16 wanting to run alone will need to 'run down' and must have previously completed three courses at a higher level e.g. to enter Yellow, you must have completed three orange courses previously; to run Orange you need to have completed three light green courses previously. If these criteria are not met then the junior must be accompanied by an adult.

Course	Tech Difficulty	Length (km)	Climb (m)	Controls	Scale
Yellow	Easy	Circa 2km	TBC	TBC	TBC
Orange	Moderate	Circa 3km	TBC	TBC	TBC
Green	Very Hard	Circa 5km	TBC	TBC	TBC

Map: Scale TBC; Contour interval 5m.

Control Descriptions: Will be issued at the start. Also, all courses have descriptions printed on the front of the map.

Fees:

Juniors & Junior Pairs £3.00 (under 21 and students with cards)

BOF Member Seniors & Groups £7.00

Non BOF member and groups £9.00

E-card (Dibber) Hire £1– Note; we will charge you £30.00 for each one not returned to Registration.

Additional map £1

MAPS FOR SUNDAY'S EVENT CAN BE PREORDERED VIA SIENTRIES WHEN REGISTERING FOR THIS EVENT.

Non-standard symbols:



Distinctive dead tree



Fences that must only be crossed at mandatory crossing point



Area for hide building

Parking: Please park at the eastern end of the main car park near the walled garden. Parking will be charged at £2 per car and will be collected as you enter the car park. You will be given a pass to display in your windscreen.

Registration: 18.30 - 19:30 - Registration is adjacent to the car park.

Starts: From 18.45 to 19.45. Courses will close at approx. 21:15 - you will be informed on the day of the exact time. If you are likely to take longer than 90 minutes for your course please request an earlier start time.

Points to note:

- WHISTLES ARE MANDATORY for ALL competitors.
- TORCHES ARE (unsurprisingly) MANDATORY.
- A SPARE TORCH/BATTERY IS MANDATORY.
- In the event of severe bad weather, CAGOULES WILL BE MANDATORY.
- There are no toilets available.
- No dogs are allowed at this event.
- COMPETITORS MUST GO TO THE DOWNLOAD TENT EVEN IF RETIRING

Terrain:

This is a popular National Trust area with courses using the wooded area to the north of Felbrigg Hall. The northwest part of the wooded area includes a series of pronounced spurs and re-entrants. The rest of the area has less contour detail and consists of mixed woodland of variable runnability.

Forestry work and heavy bracken growth in the northwest part have made runnability in some areas slow; however there is a good network of tracks and paths. Forestry extraction lanes have not been mapped.

If running through fenced enclosures which are marked on the map as 'uncrossable', only crossing points marked on the map should be used.

Safety Information:

A risk assessment has been carried out by the organiser. Please note the following points when entering the event, and please refer also to the final details when published for any additional safety information.

**WHISTLES, TORCH and SPARE TORCH / BATTERY ARE MANDATORY
SAFETY BEARING IS SOUTH**

- Participants take part at their own risk and are responsible for their own safety during the event. By entering the event you are accepting this condition.
- Parents/guardians should explain all safety aspects to all children and vulnerable persons in their care and if you are in any doubt about their ability to stay safe only allow them to participate accompanied by a suitable carer.
 - Please also make sure you and your party have read and are aware of the items outlined in the 'terrain and hazards' section above.

Results: - See NOR website at www.norfolkoc.co.uk. Results will be processed as soon as possible and published early evening.

Organiser: Ben Bethell (073852 333301)

Planner: Paul Goldsworthy

NEXT NOR EVENT: Sunday 14th January 2024 - Sheringham Town Centre

This will be a mass start event starting in the car park of Tesco at 10:30 on the Sunday after the Felbrigg night event. This will be an urban 60 minute score course with the choice to use the maprun app if you have it available. Paper maps will be given to all, but please register for a map when booking the Felbrigg event if at all possible. This is a fun event with no official results, but a few fun prizes to be presented on the day. We welcome competitors to join us in the pub afterwards.

The personal data you give will be used by the event organisers and agents only for the purpose of processing/publishing the event entries and results. Conducting safety checks and to validate BOF insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

Please see our Privacy Policy here - <https://www.norfolkoc.co.uk/wp-content/uploads/2018/05/Privacy-Policy.pdf>