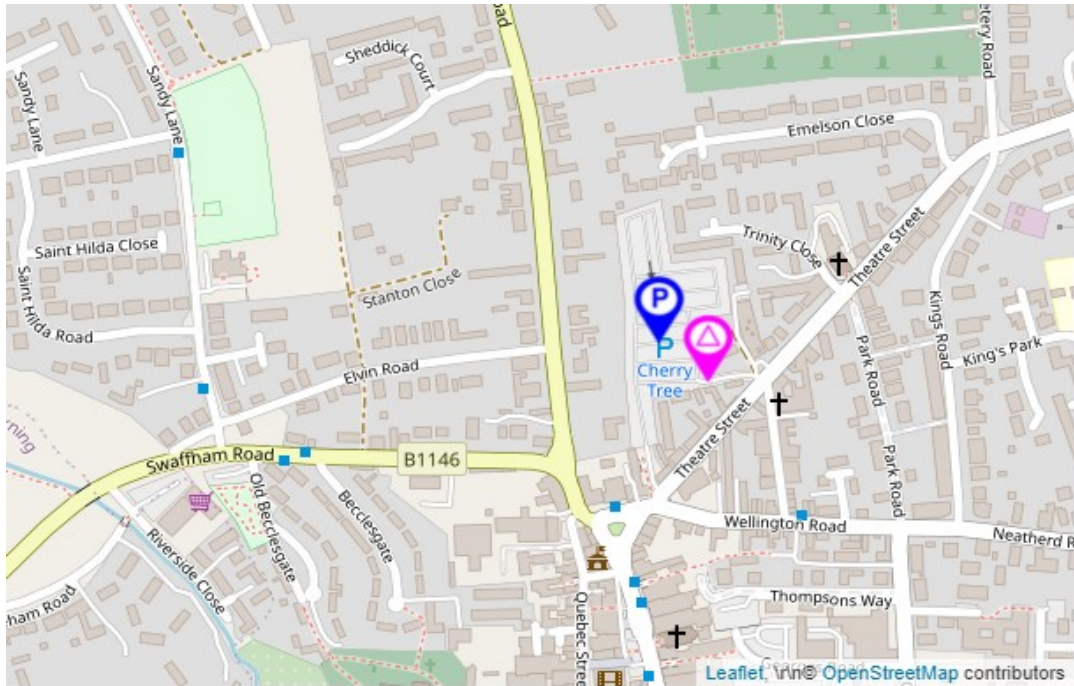


Maprun League (Feb 2022)

Dereham



Parking: Cherry Tree Car Park (free)
Toilets: Barwells Court (between Specsavers and NatWest Bank)
Start: Outside Co-op (Bartram) Funeralcare
Post Code: NR19 2EW

Course:
Type: 60 minute Score (get as many controls as you can in 60 min)
Distance: ~15km to get all 30 controls
Planner: Jonathan Gilbert
Start Date: Saturday, 5th February 2022 (for league)
End Date: Friday, 4th March 2022 (for league)

Notes: Although not marked as “out of bounds”, please do not cross the golf course. There is a path to the south.

Safety: Choose a time when the area won't be too busy and follow the [official social distancing & hygiene guidance](#) and the [British Orienteering Code of Conduct](#) at all times.
Use only public roads, paths & open spaces.
Be aware of residents, walkers & cyclists.
Be aware of traffic in urban areas & take care at road crossings.
Anyone under the age of 16 should be accompanied by an adult in urban areas because of the traffic risk.
Follow instructions as to out-of-bounds areas/paths and compulsory road/rail crossings. The situation you face on the ground may differ from when the course was planned.
You are responsible for your own safety, i.e. you take part at your own risk. British Orienteering insurance only covers organised events, not individuals taking part on these courses.
Let someone know where you're going, particularly for the courses which visit more isolated / off-road locations. Consider using an app like [what3words](#) so you can give your precise location in case of accident.

